

CERTIFICATE
OF PARTICIPATION

WORLD CHAMPIONSHIPS **POWERLIFTING & BENCHPRESS**

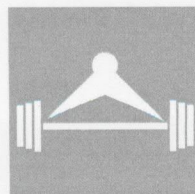
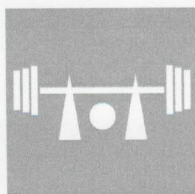
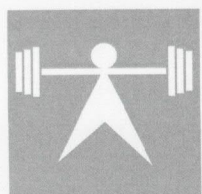
Matúš Sobota

Age Class: Junior
Weight Class: 110 kg
 310 kg
 265 kg
 277,5 kg

Total: 852,5 kg

1st Place

Martin HEINDL
President WUAP



Rudolf SISKÁ
Promotor

21. - 25. september 2010 • TRNAVA • SLOVAKIA

World cup in powerlifting and benchpress

16.-.18.10.2009 - Prague, Czech republic

Name: MATUŠ SOBOTA

Place: 3.

Category: MEN - benchpress (teens juniors)

Result: 230 kg

Result in Reshel points: 212,060



www.gpc.cz

www.fitnessapollon.cz

www.atp-nutrition.com

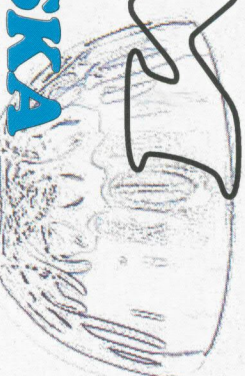
www.unclesam.cz

www.united-powerlifter.eu.tf



III. LIGA

V. MAJSTROVSTVÁ SLOVENSKA V SILOVOM TROJBOJI



Matúš Sobota

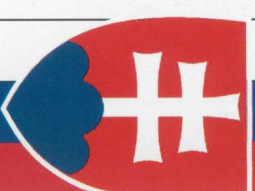
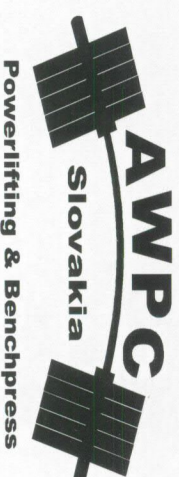
AGE CLASS: JUNIOR
WEIGHT CLASS: 110 KG



320 KG
240 KG
250 KG

TOTAL: 810 KG

PLACE: 2ND





United Powerlifter



Certificate of Participation

Benchpress
World Championships

held in France



September 24.-27. 2009

Matus Sobota
Slovakia

Ageclass: Junior

Weightclass: 100 kg

Total: 232,5 kg

Place: 1 .

Domenico Seminatore
Promotor



Martin Heindl
WUAP - President



United Powerlifter





United Powerlifter



Certificate of Participation

Benchpress
World Championships

held in France



September 24.-27. 2009

Overall Winner

1. Place

Teenager and Junior (Reshelpoints)

Matus Sobota

Domenico Seminatore
Promotor



Martin Heindl
WUAP - President



United Powerlifter

